



*Books owned by the Lodi Memorial Library:*

*Picture Books:*

**Title:** Bootsie Barker bites

**Author:** Bottner, Barbara

**Call #:** P BOTTNER

**Summary:** Bootsie likes to bite. Luckily, one day her friend comes up with a better game.

**Title:** Bully

**Author:** Patricia Polacco

**Call #:** P POLACCO

**Summary:** Sixth graders who are new to school stand up for each during a case of online bullying.

**Title:** Chrysanthemum

**Author:** Kevin Henkes

**Call #:** P PB HENKES

**Summary:** A young girl gets picked on for her name.

**Title:** Goggles!

**Author:** Ezra Jack Keats

**Call #:** P KEATS

**Summary:** Two boys have a new treasure, but before they can enjoy it they have to outsmart the neighborhood bullies.

**Title:** Hooway for WodneyWat

**Author:** Helen Lester

**Call #:** P LESTER, P PB LESTER

**Summary:** Poor Rodney has a speech impediment that gets him made fun of, but it turns out that it actually drives away the class bully

**Title:** The Juice Box Bully: empowering kids to stand up for others

**Author:** Bob Sornson

**Call #:** P SORNSON

**Summary:** Pete is the new kid at school. After observing someone else being bullied, he learns how to step in & help out.

**Title:** Leave me alone: a tale of what happens when you stand up to a bully

**Author:** Kes Gray

**Call #:** P GRAY

**Summary:** A rhyming story about a variety of animals that come to visit an upset boy. They band together to help the boy stand up to a bully.

**Title:** Martha walks the dog

**Author:** Susan Meddaugh

**Call #:** P MEDDAUGH

**Summary:** Martha shows the power of praise.

**Title:** Scary Mary

**Author:** Paula Bowles

**Call #:** P BOWLES

**Summary:** A story about a chicken who is a bully & how she eventually realizes that being mean can be lonely.

*Juvenile Fiction:*

**Title:** How to beat the bully without really trying

**Author:** Scott Starkey

**Call #:** J FIC STARKEY

**Summary:** Rodney admits that he is a coward. When he moves to a new state, a bully immediately targets him. When the bully is accidentally injured by a baseball, Rodney gets the credit & a new reputation.

**Title:** Jake Drake, bully buster

**Author:** Andrew Clements

**Call #:** J FIC CLEMENTS

**Summary:** Jake is assigned to work on a class project with a bully.

**Title:** Wonder

**Author:** R.J. Palacio

**Call #:** J FIC PALACIO

**Summary:** A 10 year-old boy with facial abnormalities goes from growing up home-schooled to starting at a Manhattan private school. This book tells the story of his struggle with being taunted and the challenges of his adjustments.



**Title:** Zero to Hero

**Authors:** Henry Winkler and Lin Oliver

**Call #:** J FIC WINKLER

**Summary:** The tale of an unusual friendship between the new boy at school and a ghost who seems to have some great advice for dealing with bullies.

*High School:*

**Title:** Dear Bully: seventy authors tell their stories

**Call #:** Y 302.3 HAL

**Summary:** Popular teen authors share stories about bullying. These are all real stories/situations.

**Title:** Hate list

**Author:** Jennifer Brown

**Call #:** Y FIC BROWN

**Summary:** Valerie dealt with a tough situation when her boyfriend committed a school shooting. Now, she must go back to school and integrate herself back into her former life.

**Title:** I Swear

**Author:** Lane Davis

**Call #:** Y FIC DAVIS

**Summary:** A bullied teen commits suicide and acts of cyber bullying and harassment are revealed through a court trial.

**Title:** It gets better: coming out, overcoming bullying, and creating a life worth living

**Call #:** 306.766 SAV

**Summary:** Essays and testimonials written to gay/lesbian teens about how life will get better.

**Title:** Keep holding on

**Author:** Colasanti, Susane

**Call #:** Y FIC COLASANTI

**Summary:** Noelle must face her fears and issues she deals with from bullying when her longtime crush begins to return her feelings.

**Title:** Playground

**Author:** 50 Cent

**Call #:** Y FIC FIFTY

**Summary:** An 8<sup>th</sup> grade boy is dealing with a lot: bullying, his parents' divorce & an abusive parent. A therapist is a big help in showing him how get through some tough situations.

**Title:** Thirteen Reasons Why

**Author:** Jay Asher

**Call #:** Y FIC ASHER

**Summary:** Clay receives tapes in the mail from a classmate who committed suicide. He listens to them and recounts the events that lead up to her death.

*For Parents:*

**Title:** The Bully Society

**Author:** Jessie Klein

**Call #:** 302.34 KLE

**Summary:** Discusses the reason behind the rise in school violence and proposes ways to decrease bullying/violence.

**Title:** The Drama Years

**Author:** Haley Kilpatrick

**Call #:** 305.235 KIL

**Summary:** Advice from the founder of the Girl Talk mentoring program on how to manage stress and still do well in school.

**Title:** Little girls can be mean

**Author:** Michelle Anthony & Reyna Lindert

**Call #:** PARENT SHELF 371.58 ANT

**Summary:** This book confronts the social issues of elementary-school aged girls and provides tools for parents to use with their daughters.

**Title:** Odd girl out

**Author:** Rachel Simmons

**Call #:** 302.54 SIM

**Summary:** Discusses the importance of enabling girls to voice their anger and properly resolve conflicts.

**Title:** Who says bullies rule?: Common sense tips to help your kids cope

**Author:** Catherine DePino

**Call #:** 371.58 DEP

**Summary:** This book is geared towards parents with children in elementary and middle school. It teaches parents how to empower their children.



*DVDs:*

**Title:** Bully

**Call #:** 371.782 BUL

**Summary:** A documentary that follows 5 kids/families over the course of a school year. Each family has a different situation and the film is very powerful.

**Title:** Stop bullying now!

**Call #:** J DVD 371.78 STO

*Recommended Websites:*

- American Academy of Child & Adolescent Psychiatry - [http://www.aacap.org/cs/root/facts\\_for\\_families/bullying](http://www.aacap.org/cs/root/facts_for_families/bullying)
- American Psychological Association - <http://www.apa.org/topics/bullying/index.aspx>
- Bullying Statistics - <http://www.bullyingstatistics.org/>
- CNN - <http://www.cnn.com/2010/US/studentnews/09/30/antibullying.resource/index.html>
- DoSomething.org - <http://www.dosomething.org/tipsandtools/11-facts-about-school-bullying>
- Education.com - <http://www.education.com/topic/school-bullying-teasing/>
- KidsHealth - [http://kidshealth.org/teen/your\\_mind/problems/bullies.html](http://kidshealth.org/teen/your_mind/problems/bullies.html)
- National Crime Prevention Council - <http://www.ncpc.org/topics/bullying>
- Pacer's National Bullying Prevention Center - <http://www.pacer.org/bullying/>
- PBS Kids - <http://pbskids.org/itsmylife/friends/bullies/>
- Scholastic - <http://www.scholastic.com/parents/resources/article/social-emotional-skills/bullying-and-teasing-no-laughing-matter>
- State of NJ, Department of Education - <http://www.state.nj.us/education/students/safety/behavior/hib/>
- Stomp Out Bullying - <http://www.stompoutbullying.org/>
- StopBullying.gov - <http://www.stopbullying.gov/index.html>



## GET HELP NOW

**If you have done everything you can to resolve the situation and nothing has worked, or someone is in immediate danger, there are ways to get help:**

The Problem	What You Can Do
There has been a crime or someone is at immediate risk of harm.	Call 911.
Someone is feeling hopeless, helpless, thinking of suicide.	<p>Contact the National Suicide Prevention Lifeline online or at 1-800-273-TALK (8255).</p> <p>The toll-free call goes to the nearest crisis center in our national network. These centers provide 24-hour crisis counseling and mental health referrals.</p>
Someone is acting differently than normal, such as seeming sad or anxious, struggling to complete tasks, or not being able to care for themselves.	Find a local counselor or other mental health services.
A child is being bullied at school.	<p>Contact the:</p> <ol style="list-style-type: none"> <li>1. Teacher</li> <li>2. School Counselor</li> <li>3. School Principal</li> <li>4. School Superintendent</li> <li>5. State Department of Education</li> </ol>
The school is not adequately addressing harassment based on race, color, national origin, sex, disability, or religion.	<p>Contact the:</p> <ol style="list-style-type: none"> <li>1. School superintendent</li> <li>2. State Department of Education</li> <li>3. U.S. Department of Education, Office for Civil Rights</li> <li>4. U.S. Department of Justice, Civil Rights Division</li> </ol>

*Information provided by StopBullying.gov (<http://www.stopbullying.gov/get-help-now/index.html>)*

